

Paula A. Nowick, Ed.D.
83 Ingersoll Grove
Springfield, MA 01109

EDUCATION

ED.D. Creative Behavior
School of Education, University of Massachusetts, Amherst, MA - 1986

M.A. English Literature
University of Massachusetts, Amherst, MA - 1966

B.A. English Major
Hofstra University, Hempstead, NY - 1959

Non-degree studies taken at Institut de Touraine, France; University of California , Santa Cruz and Berkeley; University of Cincinnati.

PROFESSIONAL EXPERIENCE

Vice President, Nowick Environmental Associates. 1994 - Present.

Administrate environmental engineering business, supervise financial activities, prepare training programs and literature, develop marketing strategies.

Director of Tutoring, Testing and Advising, Springfield Technical Community College, Springfield, MA 1989-1994.

Established and supervised peer and professional tutoring program for all academic departments, trained faculty in innovative methodology, learning styles and computer-assisted instruction. Revamped admissions testing and first-year advising policies.

Adjunct Assistant Professor of Education, University of Massachusetts. 1986 - 1989

Developed and taught graduate-level courses on creative behavior, specifically "Creativity, Innovation and Imagery," and "Inspiration and Creativity." Advised doctoral students' research projects and dissertation preparation.

Principal of Wilbraham-Monson Academy Middle School, Wilbraham, MA, 1980-85.

Coordinated a restructuring of a student-centered junior high school curriculum; administrated all phases of its operation; instituted continuous quality-circle team evaluations by faculty, parents and students.

English Teacher, Amherst , Mass. High School, Ware, Mass. High School and Cincinnati

Vocational High School, Wilbraham-Monson Academy 1962-1966; 1972- 1980. Taught writing, reading and oratory skills to all levels and abilities of high school students. Advised student newspapers and yearbooks.

Assistant Professor of English Literature and Rhetoric. Springfield College, Springfield, MA. 1966-1969.

Taught Freshman Writing and Speech, Great Books of Western Culture, History of English Literature.

Researcher. U.S. State Department. 1959-1962.

Collected political and economic data from media and prepared focus papers for U.S. Embassy staffs in Tehran, Iran and Paris, France.

CURRICULUM VITAE FOR PAULA A. NOWICK

ADDITIONAL EXPERIENCE

Workshops, Guest Speaking, Professional Addresses, etc.

Co-editor of Folio: A Journal for Focusing and Experiential Therapy 2008 to present
Fulbright Consultancy, Ain Chams University, Cairo, Egypt
Massachusetts Association of Independent Schools,
Catskill Regional Teachers Conference
University of Massachusetts Sabbatical for Field-based Graduate Students
Massachusetts Teachers Association
The First-Year College Experience International Conference, Cambridge, England
International Association for Innovations in Teaching
Annual Conference of Research on Women & Education
Baystate Medical Center's Professional Staff Development Seminars
Providence Hospital Women's Health Conferences
Massachusetts Society of Radiologic Technologists
New England Society of Allied Health Educators
Women's Invitational Network of New England

Publications and video productions

Vlog in production on "Squeezing in Joy"
"Imagine Conquering Fear," Women Unlimited, March 1991.
Three half-hour professional television series:
 "Creatively Coping with Stress: Guided Imagery and Music."
 "Creatively Coping with Stress: Professional Development Strategies"
 "Creatively Coping with Stress: Meditation"