



THE FOCUSING INSTITUTE
carrying life and thought forward

MINUTES - The Focusing Institute Board of Directors
Date: July 6, 2016 via Zoom

Documents submitted prior to the meeting via email

- Agenda (from Catherine Torpey)
- Roles and responsibilities of the ILC (from Catherine Torpey)

PRESENT: Dana Ganihar, Jim Iberg, Mary Jennings, Susan Lennox (vice president), Paula Nowick, David Rome (president), Susan Rudnick, Catherine Torpey (secretary), Jane Quayle, Henry Chen (for minute-taking)

MEETING FACILITATOR: Jane Quayle

I. OPENING SILENCE AND SHARING

- The current board welcomed Paula Nowick (USA), Susan Rudnick (USA), and Dana Ganihar (Israel) as the three new board members. This was also the last board meeting for three outgoing board members: Jim Iberg (USA), Susan Lennox (USA) and Jane Quayle (Australia).

II. STRATEGIC PLANNING PROCESS AND DE-BRIEF ABOUT JOINT MEETING

- Board members reflected on the prior day's joint meeting with the ILC. The prior meeting focused on a document written by the ILC stating its role and relationship to the board.
- General agreement to accept the current document as a working document and to articulate to the ILC the board's understanding and concerns about it.
- General agreement that the Institute is not a professional association, even though there may be similarities.
- Unanimous agreement that nurturing the board's relationship with the ILC is of greater priority than finding the precise words for the document.
- The question of having only one (larger) board was raised and briefly discussed.

III. CAMBRIDGE PREPARATIONS

- **Action:** To find time for a joint ILC/Board meeting or meal.
- **Action:** Susan Lennox will draft an email from the board to the ILC, stating that the board will take time to respond to their document. The board would like to first feel it through interpersonally in Cambridge, as this is an important issue.

To do's arising from this meeting:

Susan Lennox:

- To draft an email to the ILC regarding the board's response to their document.