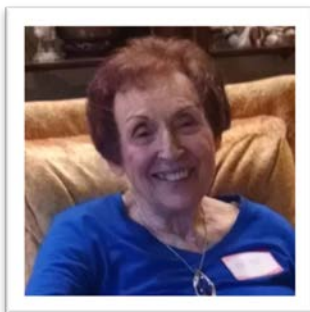


# FOCUSING FOR LIFE ANNOUNCES A NEW WORKSHOP IN APRIL 2017

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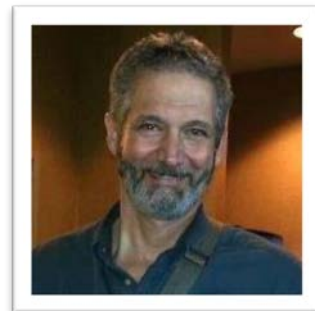


Bebe Simon, the world renowned Focusing Teacher, is offering a "Workshop in Focusing" in two parts in April and May 2017.

Bebe is an expert in Focusing and how to teach people to listen to their inner wisdom to help them live as effectively as they would like.

Focusing is a school of thought used to help people gently work their way through feeling blocked in life pursuits, improve their creativity and enhance their

natural ability to pay attention to all that we are aware of in the "here and now." For more about Focusing, please visit the International Focusing Institute (IFI) website, [www.focusing.org](http://www.focusing.org).



For the first time, Bebe will have Brian Korzec as her co-teacher for this workshop. Brian is an experienced and certified focusing trainer and a member of the international focusing community since the 1980s. For more about Brian, visit his FaceBook page ([www.facebook.com/thechoosingwell/](http://www.facebook.com/thechoosingwell/)) or his page on the IFI website ([www.focusing.org/cfp-page/1571/korzec\\_brian.html](http://www.focusing.org/cfp-page/1571/korzec_brian.html)).

Not sure if Focusing is for you? You can attend one of Bebe's free Tuesday Evening Changes Group Meetings. For more details, visit Bebe's FaceBook page at [www.facebook.com/focusingforlife/](http://www.facebook.com/focusingforlife/) (public page). Or call Bebe at 708-524-1114 for a free session prior to registering for the workshop. To contact Bebe via email, please send to Barbara at [Barbara.J.Dickinson@Gmail.com](mailto:Barbara.J.Dickinson@Gmail.com).

## Workshop Logistics

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### Dates

Friday - Sunday Apr 28, 29, 30

Friday - Sunday May 19, 20, 21

### Hours

Friday - 2-8pm (including dinner)

Saturday and Sunday - 10am-5pm

### Location

929 Ontario Street, Oak Park, IL

### Fee

Early Bird - \$550 if paid by April 7, 2017

Regular - \$600 if paid before April 24, 2017 (covers both weekends and Friday dinners (6 days; \$100/day))

Pay at the door - \$650 on April 28, 2017

Scholarships are available if you need help -- contact Bebe.

Lunch on Saturday and Sunday is available from one of many nice spots close by.

Link to Bebe's book (It is not required to read before the course.)

<https://www.focusing.org/eShop/10Expand.asp?ProductCode=FB-500>

