

ACKNOWLEDGMENTS

We always enjoy writing the acknowledgment page because it feels natural and good to us to thank others who've helped us out. Normally, in this spot, we thank a whole group of Guest Editors, but for this Memoir edition, we've done all the editing ourselves, which actually turned out to be the easiest part. The enormous part was keeping track of 47 first, second, and third drafts, each requiring detailed emails back and forth, not only with each other, but also with 47 writers, (not to forget the number of times our phones ran out of juice!) Each draft version was read and edited several times by both of us, so it became necessary to develop a massive flow chart with all sorts of boxes to be checked as each memoir wound its way through our emails to the famous DONE FILE. So I, Bala, say to Paula, "Thanks for keeping me laughing," and I, Paula, say to Bala, "Thanks for keeping me sane!"

We do, however, have four acknowledgments that are most important to us.

Cover Art: We received some wonderful submissions, so the choice was not easy, but we had a felt-sense, as soon as we saw Robin Kappy's submission, that (in Focusing terms) her entry was a 'fit' or a 'match' that perfectly expressed our feelings about this issue.

Robin's talents are multifold; she is both a psychotherapist and a clearly gifted artist in New York City. She also passionately practices drawing, painting and photography. Her experiences with both Focusing and with the creative process enhance her empathy and adeptness in helping others. You can see samples of her artwork at: www.robinkappy.blogspot.com and find out more about her psychotherapy work at: www.creativefocusing.com

Layout and Design: Each year we want to rave unabashedly about the work that Carolyn Kasper does to make *The Folio* come to life, and each year we are just astounded at what we call her 'eagle eyes'—seeing bits that we've missed, fine-tuning all aspects of the visual production and layout of this *Folio*, and creating from simple Word docs, a journal of which we feel most proud. Thank you again, Carolyn—you are the best!

Website: Our deepest appreciation to Bill Silverman, our TFI Webmaster, who takes *The Folio* and skillfully lays it out for the website with all the necessary links to buy, to see, and to keep us informed. Bill also maintains the Focusing Institute's store, Trainer Web pages, online database and innumerable lists—and—among his other talents is also a programmer, designer and analyst. Thank you, Bill.

And finally, our heartfelt appreciation and thanks to the Focusing Institute for your 'presence', ongoing support and caring—in so many ways—in the production of *The Folio*.