

ACKNOWLEDGMENTS

The Folio is an ever evolving endeavor, enriched in each subsequent issue by the many people in our community who are dedicated to sharing ideas, techniques, possibilities, theories, personal stories, and, indeed, the latest news from across the globe that inspires so many possible crossings with Focusing. Our article writers can be seen as the ears and eyes of Focusing, bringing back to the community their collective felt-senses of events in the world as sensed deeply from within by hundreds of unique experiences. The efforts of our writers do *more* than inform our community; they *build* a community of ever-questing life-explorers. We Focusers are necessarily a mixed-breed of our species and proud to be so. Probably nothing could illustrate that fact as well as this Potpourri (Part 1) issue of the 2015 *Folio*, whose diversity of viewpoints, attitudes, and styles celebrate our community's innate creativity and freedom.

Guest Editors: Most of our writers used Guest Editors to help them organize and edit their articles, and, as you will read in some of their personal Acknowledgments, the support and encouragement of their Guest Editors made the challenging writing process less arduous than it might have been if they had been alone in their efforts. We, the editors of the *Folio*, also thank the Guest Editors for their careful proofreading. Your help greatly eased much of our editing.

This year twenty-one people volunteered their time and expertise to help make this *Folio* so exceptional. We thank Kyle Arnold, Donna Blank, Abbe Blum, Dominic Barter, Regina Brennan, Ted Cox, Zena Goldenberg, Larry Hurst, Jocelyn Kahn, Mary Elaine Kiener, Joan Klagsbrun, Shirley Loeb, Adele Kehoe McFall, Julian Miller, Judy Moore, Bruce Nayowith, Carol Nickerson, Laury Rappaport, Lillian Sober-Ain, Lisa R.Tucci, and Donna Varnau.

Cover Art: *How*, we wondered, do you illustrate a Potpourri of ideas? Would a picture of bowls of lavender, lemon slices, and pinecones do the trick? “*Absolutely not!*” declared Bala, who dashed off an email to last year’s cover designer, Shay Nowick, who had photoshopped a railroad crossing sign into a wonderful Focusing cover. “*Can you figure out how to illustrate a collection of abstract ideas into a potpourri?*” There was a lot of back and forth between us with a series of possibilities from glass-tilted pitchers, to globes, to rainbows in the sky, and at last, to this final cover, which we think ‘says it all’! Thanks to Shay’s expertise — and patience! — we finally came to a finished product that we are delighted with and hope you will be, too. Thank you again, Shay.

Layout and Design: Every year a magical transformation occurs when we send an attachment of standard-looking Word documents to our designer/typesetter, Carolyn Kasper. Invisible to us, she is not only adjusting the raw copy into professional type, but she is checking for inconsistencies in format, erratic indentations, and a host of minor errors that make the difference between an amateur and professional academic presentation. A few weeks later, we receive back a 100+ page “galley” which show the articles now in a journal-sized

layout, and we get a little excited as we see the outlines of our forthcoming Folio. Our job now is to fine-tooth comb each line to spot the tiniest of errors. For some articles, this will be our eighth or ninth read-through, and we are certain there cannot possibly be one mistake, BUT, inevitably, we find one or two. Carolyn does more magic, and suddenly, there it is: our shiny new Folio 2015.

Technical Support: First, our sincere appreciation to Bill Silverman, our Focusing Institute Webmaster, who sets up our site, and makes ordering the Folio possible in digital form. Next, and a *big first* for us...many thanks to Catherine Torpey, Elizabeth Cantor and Rita Kirsch for arranging our first time ever Kindle edition of the Folio, and special thanks to David Truslow for his encouragement and support in moving this Folio into a Kindle version in the first place. Finally, more thanks to Carolyn Kasper for getting the 2015 Folio in Kindle-ready form. Your efforts will extend the reach of The Folio to many, many people who do not have access to hard copies. THANK YOU!

The Focusing Institute: Without the financial and organizational support of the Focusing Institute, this Folio could not be published. Our sincere gratitude to Director Catherine Torpey and the Board of Directors for all they do to encourage our work.