

ACKNOWLEDGMENTS

Guest Editors: As usual, many of our writers worked with a Guest Editor for a number of reasons: to get an objective view of their writing, to help clarify any ambiguities, to suggest ways to make the articles read more smoothly, and, of course, to point out any errors in spelling, punctuation, or English grammar. Their time and effort is a huge support both to our writers and to us because it greatly eases our editing work

So for this edition we would like to acknowledge and offer our heartfelt thanks to: Kevin Krycka, Herb Schroeder, Bruce Nayowith, Jocelyn Kahn, Julia Whitmore and Valerie Willman.

Layout and Design: Carolyn Kasper has worked on the Folio as our talented designer/typesetter since 1999, but this edition marks the seventh year that we (Bala, Paula, and Carolyn) have been working together as a team. And for these seven years, we have been astounded (and overjoyed) by the way she manages to take the simple Word documents that we send to her and transform them into the professional-looking format that is our Folio.

So, *Thank you Carolyn*, for seven years of beautiful and skillful work, and for seven years of a wonderful connection together — you've done it again!

Cover Art: We sent out a request for ideas for the 2016 Part 2 Potpourri, and when we saw Kathy McGuire's photograph of fall leaves and the vast array of fall colors, we were immediately reminded of the diversity and colorful 'spirit' of our Focusing community.

Our articles seem like Kathy's assortment of leaves — each unique, beautiful, and inspiring — but together, a potpourri of delights. Thank you Kathy for sharing your photographic artistry with all of us and illustrating how a composite of different shapes, colors and textures contributes to the richness of life and Focusing.

Also a note of thanks to Shay Nowick, who has done cover-art for us in the past, for putting the final touches on Kathy's wonderful photograph.

Technical Support: We can edit a Folio, and make all sorts of clever changes, but to get the docs from our computers out to you as a professional journal — and now a Kindle version, as well! — requires knowledge and technical expertise that we could not manage without the skill of our techie-savvy Webmaster, Bill Silverman. Thank you again, Bill, for setting up our site and making it easy for our members to buy the Folio in both print, and now in digital form on Kindle.

The International Focusing Institute: Once again we want to express our heartfelt thanks to the International Focusing Institute for their ongoing organizational and financial support in the publication of the Folio. We send our profound appreciation and gratitude to our Director, Catherine Torpey, for her ongoing support, sense of humor, and genuine encouragement in the work that we do. Thank you Catherine — and more thanks to Elizabeth Cantor and Rita Kirsch who keep-it-all-together in the office and are always there, for us and for our members.