



Imago Dialogue and Focusing

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May 19, 2018

The Felt Sense Conference

Learning Objectives

1. Describe the key difference between the relational paradigm and the individual paradigm
2. Demonstrate the Imago Dialogue Process.
3. Explain the outcomes of Imago Dialogue.
4. Discuss the concept of the Imago and the role it plays in partner selection.
5. Describe the relationship of Focusing and Imago Dialogue

References:

1. Gehlert, N., Schmidt, C.D., Giegerich, V. & Luquet, W. (2017). Randomized Controlled Trial of Imago Relationship Therapy: Exploring Statistical and Clinical Significance. *Journal of Couple & Relationship Therapy*, 16 (3), 188-209.
2. Schmidt, C., Luquet, W. & Gehlert, N. (2016). Evaluating the impact of the “Getting the Love You Want” Couples workshop on relational satisfaction and communication patterns. *Journal of Couple and Relationship Therapy* 15 (1).
3. Muro, L., Holliman, R. & Luquet, W. (2015) Imago Relationship Therapy and Accurate Empathy Development, *Journal of Couple & Relationship Therapy*, 15:3, 232-246, DOI: 10.1080/15332691.2015.1024373
4. Muro, L., Holliman, R. & Luquet, W. (2016) The Impact of the Safe Conversations Workshop With Diverse, Low-Income Couples, *The American Journal of Family Therapy*, 44:3, 155-167, DOI: 10.1080/01926187.2016.1145087

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